Most of the city streets will have a designated bike lane or wide shoulders. Some of the roads further out will have limited shoulders and light traffic. The multi-use paths are 6-8' wide and will have foot traffic and possibly leashed dogs. Beware that there are also 2 busy highway crossings with no traffic signal at the crossing of Otter Rd and highway 550 (4 lane with 60 mhp speed limit).

Montrose Inner Town Loop and Alternate Park Route

This route will take you around the city of Montrose. Uses some busy city streets and multi-use paved paths. All roads are paved, but will have varied types of paved surfaces in varied conditions. Good starting areas are downtown where there are several parking options near the Montrose Visitor’s Center. Montrose Visitor’s Center is located at 107 S Cascade Ave for area info. Total route distance is 11.9 miles. Total elevation change is less than 200’. The alternate Park Route is 1.9 miles long and runs through the Baldridge Park using mostly multi-use paths.

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